**2025 7th Grade Flag Football**

Rules, Expectations, and Schedules

Head Coach:  Steve Tobias Practice schedule attached

Assistant Coach:  Mason Culmer Regular/Playoff schedule attached

**Introduction:**

Congratulations!  Welcome to the 7th Grade Flag Football team!  Santan Jr. High School has a history of strong football teams and a culture of winning.  This football program is the product of incredible athletes, supportive families and administrators, and dedicated coaches.  We all have the same goal at Santan:  To win the EVC (East Valley Conference) Championship. Our sport is only 8 weeks long, so creating this culture takes hard work and dedication from all involved, but it is more than attainable, it is an expectation!

**Attendance:**

Flag Football is an 8-week activity.  Practice attendance is MANDATORY.  Attached to this schedule is our practice schedule.  Illnesses happen and so do unforeseen circumstances.  Please contact Coach Tobias via email at tobias.steven@cusd80.com to report a missed practice ahead of time.  Since we practice after school, the coaches should not be surprised by a player missing practice.  Any player that misses practice before a game will not play in the following game without parent notification to Coach Tobias.  Any player (for any reason) that believes they cannot attend any or all playoff games should let Coach Tobias immediately.  Failure to do so will result in immediate dismissal from the team.

**Grades:**

Student Athletes are expected to maintain good grades in school.  In order to maintain eligibility to participate in flag football, student athletes must have passing grades of Ds) or better in all of their classes.  Any grade of an F will result in a student not participating in the next football game until the grade is brought to passing or better.  Grade reports are run every Thursday during the season. Our goal is to not only be victorious, but prepare them for high school athletics.

**Behavior:**

Student Athletes are expected to maintain exemplary behavior throughout the season.

CARE 1- Warning and one half of game suspension

CARE 2- Suspension from one game

CARE 3 (or office referral)- Dismissal from the team NO EXCEPTIONS

*Being a student athlete is a privilege*

**Playing Time:**

All student athletes will play in the games.  Some athletes will play more than others.  We want to see all athletes grow on the field and in the classrooms.  During the playoffs, it is up to the coaches as to who plays and what their time may be.  While we want to see our players grow, our goal in the playoffs is to win a championship for our team.

**Equipment:**

All student athletes are required to have the following items for practices and games:

* Jerseys (provided by the school and returned at the end of the season)
* Black shorts or black warm-up pants (purchased by the parents/guardians)
* Helmets (provided by the school and returned at the end of the season).  Helmets must be worn at all times during both practices and games.
* Cleats (soft molded cleats purchased by the parents)
* Mouthguards and water bottles (purchased by the parents)

*Athletes must have these items to be eligible to participate in practices and games.  Parents, please see that these items are washed frequently.*

**Communication:**

Coach Tobias will establish a REMIND thread for the team’s parents at the beginning of the season, during the parent night.  Please be sure to read all messages from Coach Tobias!  If you ever have any questions or concerns, you may email or call him at school.

**Transportation:**

Athletes will be bussed to away games by CUSD transportation.  It is the parent’s responsibility to take their athletes home after ALL games, including AWAY games.  No CUSD transportation will be provided for athletes from away contests.  Please plan accordingly in these situations.